

3 Day Programs – Items to Bring to the Camp/Academy

ALL PARTICIPANTS - MANDATORY ITEMS TO BRING

- Mouth piece (These are available through the online store at footballcamps.com, please purchase in advance)
- Helmet with chin strap (available for rental through the online camp store at www.footballcamps.com. Rentals come with chin strap)
- Football shoes (no metal or metal tipped cleats allowed) & tennis shoes

OVERNIGHT PARTICIPANTS - MANDATORY ITEMS TO BRING

- Bedding (sheets-blanket-pillow) for a single bed (No sleeping bags. They are too hot! Most dorm beds are twin size extra long.)
- Towel(s)
- Personal items and toiletries
- Tee shirts and shorts (nothing dressy)
- Window Fans (not all dorms are air conditioned) ***AC units are not permitted***

SUGGESTED ITEMS TO BRING

- Sun Block
- Bright colored shoe string or lanyard to put your dorm key on (Available for purchase through the online camp store at footballcamps.com)
- Shower shoes / slides
- Athletic supporter with cup or compression shorts
- Spending money (video games, vending machines, pizza, campus game room)

OPTIONAL ITEMS YOU MAY WANT TO BRING

- Football (put your name on it)
- Outdoor Basketball (put your name on it)
- Inexpensive camera (the little throw away cameras work great)
- "Egg Crate" mattress cover for twin size bed

Sports International is not responsible for items lost or stolen.

Do not bring expensive items such as iPads, phones, tablets, expensive shoes or clothing or ANYTHING of great value with you. We suggest you put your name on everything you bring with you!